



CANOE · KAYAK · SUP · RAFT · RESCUE

SAFETY SERIES

www.americancanoe.org

KNOW YOUR LIMITS

1. BE HONEST WITH YOURSELF

If you don't feel comfortable with the current conditions, return to shore.



2. THE RIGHT BOAT FOR THE CONDITIONS

Know the capabilities of your craft and obtain additional trainings for whitewater, surf, tidal areas, or exposed waterways.



3. IMPAIRMENT = ACCIDENTS

Drinking and drug use are dangerous for on-water activities. Boating Under the Influence (BUI) laws apply to all canoes, kayaks, and SUPs.



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