

## YOUTH PADDLING

Paddling with youth and family is a great way to spend time together! Children of any age can be a part of the trip, as long as the guardians are prepared to educate and take charge in the case of an emergency.

- 1. EVERYONE SHOULD WEAR A PROPERLY FITTED LIFE JACKET
- 2. DRESS FOR IMMERSION 3. FOLLOW THE RULES OF THE ROAD
  - 4. EVALUATE THE VENUE 5. RETURN SAFELY



