

## SEI Focus

A Newsletter highlighting **S**afety **E**ducation & Instruction for ACA Instructors, Clubs & Affiliates

April 2012

## Paddlesports Android App

The ACA now has a Paddlesports App on the Android Market (Now Google Play). This app allows you to connect to the ACA on all the different mobile apps like Facebook and Twitter, in one great place. The ACA Paddlesports App allows you to:

- Merge online platforms
- Mobile Form EZ Skills Course Report
- Contact the ACA
- Social engagement efficiency for the user





#### "How to" Video – EZ Skills Course Report Form

Ever wonder how to report all those great courses you are teaching for the ACA? Want to make sure you fulfill your ACA Instructor Maintenance Requirements? The ACA now has its first "How to" Video to show you <u>How to Use the EZ Skills Course</u> <u>Report</u>.

This video will guide you through the process of navigating the website, filling out, and submitting an EZ Skills Course Report Form. So head on over to the <u>ACA</u> <u>YouTube Channel</u> and check out this new resource for the website.



If you are an Instructor Trainer, this is a great tool for your certification courses and give to your students to use once they become instructors.





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## March 9, 2012 SEIC Meeting Recap

New changes have been made throughout the ACA Instructional Curriculum in a variety of disciplines and courses.

Revised Curriculum for SUP:

- Level 1: Introduction to SUP <u>Skills Course</u> / <u>Instructor Criteria</u>
- Level 2: Essentials of SUP <u>Skills Course</u> / <u>Instructor Criteria</u>
- Level 3: River SUP <u>Skills Course</u> / <u>Instructor Criteria</u>

Other new or revised curriculum includes:

- Level 1: Introduction to Canoeing Tandem & Solo
- 2 Day Adaptive Paddling Workshop
- Level 3: Sit-on-Top Kayaking Instructor Certification Course
- SEIC Bylaws

These revised courses will be posted online in the near future, please stay tuned to all ACA media for these updates.

#### The ACA would like to welcome new members of the SEIC Standards Committee!

We would like to thank the exiting SEIC Standards Committee members for all of their years of hard work and dedication to supporting the ACA and making the world a better place to paddle!

We would like to thank:

- Elaine Mravetz as SEIC Secretary
- Steve Hutton as SEIC Vice Chair
- Greg Wolfe as River Canoe Committee Chair
- Carl Ladd as Surf Kayak Committee Chair
- Josh Hall as Coastal Kayak Committee Chair

The ACA would also like to give a warm welcome to our new SEIC members:

- Mike Aronoff as SEIC Vice Chair
- Charlie Duffy as SEIC Secretary
- Greg Mallet-Prevost as River Canoe Committee Chair
- Nigel Law as Surf Kayak Committee Chair
- Ed Schiller as Coastal Kayak Committee Chair
- Josh Hall as new SUP Committee Chair





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#### SEI Department Spotlight: Camping Endorsement

Getting ready for the 2012 Paddling Season? Want to go on multi-day camping paddling excursions?

ACA Instructors, take the ACA Camping Endorsement to refine your camping skills to perfectly suit paddlepropelled methods of travel. Check out our endorsements, <u>here</u>. Contact the SEI Department with additional questions.



#### New Article in ACA Educational Resources

The <u>Educational Resources</u> Page of the ACA website has a wealth of information on a range of paddlesports topics and disciplines. This page contains all the ACA brochures that you all know and love, in PDF format so you can download to read or print. The Educational Resources page also includes links to many YouTube videos on the ACA YouTube Channel as well as posters and pamphlets.

New to the ACA Educational Resources is an article on <u>Rescue PFD's</u> by Dr. Mike Crosslin. This article covers current and new PFD's on the horizon for Swiftwater rescue technicians. The article is a good read and includes a great quote from Jim Segerstrom, "You could use squirrels velcroed to a SWAT vest and call it a PFD."









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## ACA YouTube Videos

The ACA has updated a range of videos on the <u>ACA YouTube Channel</u>. These videos are a great tool to use during your course, club meeting, or event to show others what the ACA does. There are videos for:

- What is the ACA?
- Education
- Competition
- Recreation
- Stewardship
- Adaptive Paddling

#### **Certification Course Follow Up Letter**



The SEI Department has a new tool for Instructors, Trainers and Educators to help with navigating the instructor candidate, new instructors, and other educational resources through the SEI portion of the website. This <u>Post Certification Course Letter</u> is available on the <u>Instructor Trainer Resources</u> page of the ACA website and will also be located on the <u>Forms</u> page.

#### Kayak Survey

Multi-discipline ACA Instructor Joe Crowley is working on his master's thesis from Ohio University and is researching Continued Participation in Whitewater Kayaking.

"Whitewater kayaking is a sport defined by progression. Each paddler starts with the basics, learning proper terminology as well as fundamental skills. If this is true, then what allows some individuals to progress to the amazing levels we see in person, in videos, in images, and in Facebook updates, while others are left somewhere in between, often to their frustration? The goal of this research is to identify which constraints (barriers limiting or restricting an individual's ability to participate in a given activity) are present at various points in the development of one's kayaking "career" (leisure or professional), as well as what techniques (methods, strategies or procedures that allow an individual to work around a barrier) have proven successful in negotiating these barriers and allowed individuals to continue to progress. I thank you in advance for your willingness to participate!"

~ Joe Crowley







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#### **Rocky Mountain SUP Summit**

Fresh off the very successful San Diego SUP Summit, the ACA is planning the <u>Rocky Mountain SUP</u> <u>Summit</u>. This event will take place during the <u>Rocky Mountain Surf Festival</u>, which also hosts the River SUP Championships. This should prove a great event and platform to talk about the issues affecting SUP and the ACA curriculum on Level 3 and Level 4 for River and Whitewater SUP. The ACA would like to thank the Rock Mountain Surf Festival for hosting this SUP Summit. Make sure to join us for the festival and summit in Glenwood Springs, CO!

#### East Coast Canoe & Kayak Festival

ACA & Subaru present the East Coast Canoe & Kayak Festival hosted by Charleston County Parks and Recreation Commission. Come out to James Island County Park and immerse yourself in a full weekend of the history, technique, hands-on experience, and fun of canoeing, kayaking and stand up paddleboarding. The East Coast Canoe & Kayak Festival includes lectures, on-water classes, and demonstrations directed to the novice and the experienced paddler.



The heart of the festival is four classrooms run simultaneously throughout the three-day event. Be sure to check out the ACA presentations, both in the classroom and on the water. Refine your skills in a master class presented by many of the leading experts in the paddling world. Learn new strokes, rescues, or rolls with expert instruction and meet other knowledgeable paddlesport enthusiasts.



Dozens of commercial exhibitors will be on-hand to give you a chance to try before you buy. At the East Coast Canoe & Kayak Festival, you will be able to test boats, paddles, and accessories on the water at the festival site. You will also have the opportunity to speak with equipment designers and manufacturers throughout the weekend.

For information visit <u>http://www.ccprc.com/ecckf</u>.





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#### Important Dates – For more events & courses visit the ACA Event Calendar!

#### 2012

June 9: <u>ACA Rocky Mountain SUP Summit</u> (Glenwood Springs, CO) June 9-10: ACA Board of Directors Meeting (Fredericksburg, VA) July 20-22: <u>ACA Paddle Green Event</u> (Lake George, NY) November 1: SEIC Meeting (Charleston, SC) November 2-4: National Paddlesports Conference (Charleston, SC)

#### Paddle Safe & Paddle Often!



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