



SAFETY SERIES
www.americancanoe.org

PADDLER'S SAFETY CHECKLIST

BE A SWIMMER



FILE A FLOAT PLAN



WEAR YOUR LIFEJACKET



KNOW THE WEATHER FORECAST



KNOW THE WATER VENUE



CARRY A COMPASS, CHART, OR MAP



WEAR APPROPRIATE CLOTHING



WEAR A HAT OR HELMET



WEAR PROPER FOOTWEAR



FIRST AID KIT & GPS LOCATOR



CARRY A WHISTLE



RESCUE GEAR



BILGE PUMP



SUN PROTECTION



DRYBAG WITH EXTRA CLOTHING



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