



2023 USA NATIONAL OLYMPIC HOPES REGATTA TOUR
SEPTEMBER 1-11, 2023
POZNAN, POLAND
COMPETITION DATES - SEPTEMBER 7-10TH

The American Canoe Association (ACA) 2023 Olympic Hopes program provides opportunities for 15–17-year-old athletes to enter the exciting world of international Canoe/Kayak Sprint Racing. This foundation-building program is an excellent opportunity for athletes to compete with the world's best sprint athletes of the same age.

WHO:

2023 TEAM STAFF: Head Coach/ Team Leader: Shelley Oates-Wilding, Assistant Coach Alyson Mrozinski. Additional staff to be determined based on the final number of athletes.

2023 OHR ATHLETES: Athletes born in 2006, 2007 and 2008, who submit their application and deposit prior to July 17th.

Athletes must be a competition member of the ACA in good standing. Additional requirements include, but are not limited to, a passport with an expiration date six months after the competition end date, SafeSport course completion (if applicable), USADA drug training completion, and signed ACA code of conduct. Athletes will be selected from the ACA Canoe and Kayak National Championships, Sarasota Florida. August 1-4.

SELECTION CRITERIA:

Please read carefully the following selection criteria and direct any questions on selection to our High Performance Manager Steve Kelly. skelly@americancanoe.org

ACA WEBSITE LINK: <https://americancanoe.org/competition/teams/olympic-paralympic/sprint/>

WHEN/ WHERE:

Aug 1-4	Selection regatta: ACA Canoe and Kayak National Championships, Sarasota Florida
TBD	Announcement of OHR Touring Team
Sep 1	Arrival in POZNAN, POLAND (mandatory) acclimatization, team building & training.
Sep 7-10	2023 OLYMPIC HOPES REGATTA, Poznan, POLAND
Sep 11	Return home

TRANSPORTATION:

We plan to have coaches travel from different departure cities. Coach Alyson will depart from Seattle and other cities are to be determined based on final staff selection. Flights will be organized and paid for by the individual families. Flights are currently around \$1200-\$1300 leaving on the 31st and returning on the 11th. We will have the coaches' flight details as soon as possible for you. Once in Poznan, airport transfers and local transport will be provided by the Local Organizing Committee.

EQUIPMENT:

Coach Shelley, with Joe's assistance, will be securing all the boats.

EVENTS:

Events will be determined by the coaching staff after the selection and with consideration of your input via the OHR application form.

COSTS:

All financials will be done through the ACA. The fee will include all accommodations, team transport while in Europe, accreditations, team equipment and support staff. Individuals will pay their own airfares and any expenses other than those listed above.

The deposit of **\$500 is DUE JULY 20TH. We currently estimate that the total cost, excluding airfare, will be between \$2200 and \$2600. The projected cost is only an estimate because the number of athletes affects the cost per athlete.**

INTERESTED ATHLETES:

1. Please provide a deposit and application information using this link:
2. The deadline to complete the application and provide the first deposit is: **July 20th, 2023.**

Note: if an athlete is not selected to the team - the deposit will be refunded. If the athlete is selected and confirms, then the deposit will be applied towards the balance and final payment. If an athlete is selected and later decides not to go without a documented medical or family emergency, the deposit is forfeited.

Once an athlete is selected to the team, the ACA will send the athlete a link to make the final payment, which the athlete must pay within SPECIFIED TIME FRAME to guarantee a place on the team.

CONTACTS: Any coaching questions please contact Coach Shelley, or for ACA financial or administrative questions, please contact Steve Kelly.

Click here to apply now.

We look forward to preparing to make this a fantastic experience in this first step of the Olympic Journey.