

Potential Causes of Accidents in Outdoor Pursuits <i>Designed by Dan Meyer (1979) and revised by Jed Williamson (1989-2013)</i>		
Potentially Unsafe Conditions	Potentially Unsafe Acts	Potential Errors in Judgment
Inadequate Area Security (Physical, Political, Cultural)	Inadequate Protection	Desire to Please Others
	Inadequate Instruction	Trying to Adhere to a Schedule
Falling Objects (Rocks, etc.)	Inadequate Supervision	Misperception
Bad Weather	Unsafe Speed (Fast/Slow)	New or Unexpected Situation (Includes Fear and Panic)
Equipment/Clothing	Inadequate or Improper Food/Drink / Medications	
Swift/Cold Water	Poor Position	Fatigue
Animals/Plants	Unauthorized/Improper Procedure (Includes Failing to Follow Directions, Misuse of Technology)	Distraction
Physical/Psychological Profile of Participants and/or Staff		Miscommunication
		Disregarding Instincts

<p>Reflection Questions:</p> <p>What can you do to be prepared for unsafe conditions?</p> <p>How can you manage yourself and others in unsafe conditions?</p> <p>How can you increase your and others' awareness of unsafe acts?</p> <p>When in a moment of unsafe acts, what can you or others do to minimize the impacts?</p> <p>How can you increase your and others' awareness of judgment errors?</p> <p>How can you reduce yours and others' impacts from judgment errors?</p>
