

IAN ROSS

ACA Athlete Questionnaire

Age: 25

Discipline: Sprint

Event: C1, C2, C4

From: DC

Learn about Ian:

Q: Where did you first start paddling?
A: Washington Canoe Club

Q: What is your favorite thing about paddling?
A: The people and the competition

Q: What is your best result? When and where?
A: In C4 7th in 2011 A final. In C2 double world cup A finals. In 2015 C2 200 In C1 2nd at the Olympic qualifier in 2016 for the 500 .

Q: What are your goals in this sport?
A: Olympics

Q: What are your goals outside of the sport? Professional & or personal:
A: Not there yet

Q: Who is your biggest role model?
A: To many to single out one

Q: Where is your favorite place to paddle?
A: Duisburg, Germany



What are your hobbies?
A: Paddling

Q: What do you think paddling has taught you?
A: Life is about balance

Q: What advice would you give to aspiring athletes?
A: Fully commit but keep it fun

Q: If you could have a super power, what would it be?
A: Patience



3rd place finish at 2018 Pan American Championships