



2021 Sprint/Slalom Nationals

OKC, Oklahoma

COVID-19 Mitigation Plan

1 Introduction

The Riversport Foundation will host the USA Sprint/Slalom Nationals at Riversport in Oklahoma City, Oklahoma on August 20-24, 2021. Oklahoma and Oklahoma County Health Guidelines will dictate whether the event may run on that date. While there are no current travel restrictions or quarantine requirements for Oklahoma, the Riversport Foundation closely monitors the state's ever-evolving situation.

1.1 Chief Medical Officer (CMO) and other key contact information

- Dr. Gregory Blair will serve as the Chief Medical Officer (CMO) for the event. He will be on call during the event and will coordinate any necessary response. Dr. Blair will also review all COVID preparations on site, along with a designated COVID Officer & Riversport staff member.
- Tamara Adelberg will serve as the COVID-19 Officer for this event. Tamara will coordinate any necessary contact tracing and are the primary contacts for all COVID-related questions. The COVID-19 Officer will report directly to the CMO. Tamara can be reached at 404-353-8083(text or WhatsApp) or by emailing tadelberg@americancanoe.org.

1.2 Definitions

- Vaccinated refers to individuals of all ages who are 2 weeks after their second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine.
- Un-vaccinated refers to individuals of all ages, including children, that have not completed a vaccination series or received a single-dose vaccine.
- Within 90 days of Covid-19 refers to any individual that has had and recovered from Covid-19 within the last 90 days and can show a doctor approved documentation.
- Covid-19 Dispute Resolution Committee consisting of a designated Riversport Staff member (Megan Duffy), Chief Medical Officer, and your Covid Officer will hear and decide on complaints regarding violations of COVID-19 countermeasures defined in this document. The Covid-19 Dispute Resolution Committee may exclude any Participant from the competition who shows signs of Covid-19.

2 General Measures

2.1 Symptom Survey (All Participants)

- Before arrival at the event venue, All Participants will be required to complete daily wellness (symptom) survey at https://www.americancanoe.org/general/custom.asp?page=COVID_Training_Competition_Assessment
 - You should plan to bring a thermometer with you and check your temperature daily before completing your daily wellness survey.
 - *Failure to complete the wellness survey may result in disqualification from the event.
- Vaccinated Participants are not excluded from surveillance testing and are subject to the same testing & social distancing guidelines as all other participants.

2.2.1 All cost associated with any COVID-19 testing are responsibility of the Participant.

2.2.2 Pre-travel testing

- All non-vaccinated Participants arriving at the competition venue on August 17, 2021, or later must submit a negative PCR COVID-19 test* obtained not longer than 72 hours before arrival in Oklahoma City. *Can be a PCR-RT (Abbot ID Now- Rapid Test).
 - The submission portal for this test can be found at <https://www.americancanoe.org/page/COVIDTestUpload> and will be available on the ACA website the week of August 9, 2021.
- Anyone testing positive shall NOT travel to the event.
- If you have tested positive for COVID- 19 in the last 90 days, please contact Tamara Adelberg (tadelberg@americancanoe.org), American Canoe Association (ACA), for clearance, and see below:
 - All Participants who have tested Positive for COVID-19 since May 18, 2021, do not need to be tested unless they are currently experiencing signs or symptoms of COVID-19 , in which case they will need to complete the standard pre-travel and pre-event tests. Participants must upload a copy of their past Covid-19 test result with your name and date to <https://www.americancanoe.org/page/COVIDTestUpload>
- Non-vaccinated and Covid-19 non-recovered Participants who reside in the community (Oklahoma) should get a COVID-19 test on August 18, i.e., within 72 hours race day.

Venue Access (All Participants)

2.3 Facemask requirement

2.3.1 The Riversport Foundation will defer to the current CDC guidance on facemasks at the time of the event.

- All participants should come prepared with their own personal PPE.
 - Update: All Participants- Due to the uprise in COVID 'Delta Variant' cases please come prepared to wear masks while at venue should it be required.
- If you are un-vaccinated the CDC recommends wearing a mask at all times to protect yourself from COVID-19.
- If you have a Doctor's letter for why you cannot wear a facemask please upload that excuse to <https://www.americancanoe.org/page/COVIDTestUpload>.

2.3.2 Anyone experiencing a temperature above 100.4 degrees will be referred to the local Urgent

Care facility and may need a negative, rapid COVID-19 test to be allowed on the venue.

2.3.3 If a participant receives a positive Covid test result they may have 2 different consecutive Covid tests (at their own expense). If 2 of the 3 test are negative they will be allow to continue to the venue and racing. If 2 test are positive the participant will be quarantined and contact traced.

2.3.4 If a participant receives a positive Covid test and decides to not have additional testing then the positive test stands and that participant will be quarantined and contact traced.

2.4 Hand sanitizing

2.4.1 Hand sanitizers will be located at entrances to athlete zones and throughout the venue. It is required to use them upon entering or exiting a bathroom, building, or touching surface someone else may have touched.

2.5 Distancing

2.5.1 It is essential to maintain physical/social distance from other people. Please always keep a minimum of six (6) feet of physical/social distance.

2.5.2 While in the athlete zone please be cautious to social distance, clean hands and not share water bottles.

2.6 Acknowledgment and Reporting of symptoms (All Participants)

2.6.1 Should any Participant experience COVID-19 related symptoms, they shall contact the Tamara Adelberg at 404-353-8083 as soon as possible. Event medical staff will evaluate the participant and determine appropriate next steps for treatment. Based on the participant's evaluation, the event medical staff will decide whether the Participant will be excluded from the competition. Failure to report symptoms will result in exclusion from the event may result in other disciplinary actions.

2.7 Asymptomatic (All Participants)

2.7.1 Should any Participant develop signs or symptoms of COVID-19, they shall not attend training, competition, or travel to the venue.

2.7.2 Anyone participating in the event while developing any of these signs or symptoms shall notify Tamara Adelberg or a Riversport staff member immediately. They will make arrangements to have the Participant evaluated by the event medical staff.

- Signs and symptoms of COVID-19 include:
 - Fever, cough, shortness of breath, fatigue, muscle or body aches, congestion, runny nose, loss of taste or smell, headache, diarrhea, sore throat, nausea, and vomiting.
- Please refer to the CDC guidance on symptoms.
- Symptomatic participants will be evaluated by the Nationals COVID Officer and may be required to provide a negative PCR COVID-19 test before being allowed to participate.
- Symptomatic participants experiencing a temperature above 100.4 degrees will be referred to the local Urgent Care facility and may be required to provide a negative PCR COVID-19 test before being allowed to participate.

2.2 Isolation of sick (All Participants)

- Any participant who becomes ill while in the venue will be asked to isolate in the medical area until the event medical staff can evaluate him/her.
- Upon evaluation, the Participant may need a COVID-19 test.
- If the COVID-19 test is positive, the participant will need to isolate and follow all applicable local and state guidelines.
- The person who tests positive will be asked to assist with contact tracing.

2.3 Contact Tracing

- Any participant who had close, sustained contact with individual testing positive for Covid-19 will be required to follow state and local guidance on quarantine procedures.
- The CDC currently defines Close Contact as:
 - “Someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over 24 hours starting from 2 days before illness onset (or, for asymptomatic patients, two days before test specimen collection) until the time the patient is isolated.”
 - Close Contact Participants will be excluded from continued participation in the event, with the following exception:
 - Any Participant identified through contact tracing as a high-risk contact who remains symptom-free and has completed COVID-19 vaccination or tested positive for COVID- 19 within 90 days of that exposure and can produce the relevant negative test result will be allowed to continue in the event.

2.4 Spectators

- Spectators will be allowed on the regatta venue; however, they will be restricted from Athlete Zones. Signage will be posted encouraging social distancing for all spectators on that side of the venue.
 - It is the responsibility of the athlete to stay within the Athlete Zone away from Spectators.

2.5 Testing and Tracing Specific Dispute Resolution

- Disputes arising from contact tracing and test findings will be heard by the COVID-19 Dispute Resolution Committee.

3 Bathrooms/Porta Johns

- Toilets will be cleaned and disinfected on a schedule throughout the day.
 - There will be athlete only toilets available
- Hand sanitizer will be positioned adjacent to toilets and must be used before and following toilet use.

3.1 Other Notes (All Participants):

- The Participants are responsible for providing his/her PPE. Please bring extras. If needed due to lost, damaged, or poorly fitting PPE, some may be offered on-site.
- Athlete eating and drinking-related to sports performance is permitted. However, it is recommended that extra measures are taken when removing masks (if required) to ensure sufficient social distancing from other participants. We recommend 12 feet (2x 6 feet) distance while eating or removing covers to drink.

3.1 Timing:

- The timing team will sanitize any contactable timing devices between uses by differing team members.

3.2 Media / Announcers / Broadcast crew

- Only accredited media will be allowed at the venue.
- Media will take part in the wellness (symptom) checks and temperature checks on their participation days.
- Interview zones will be set up with appropriate social distancing. Face masks will not be worn unless recommended by the CDC at the time of competition.

3.3 Media Inquiries Regarding COVID-19

- Covid-19 Dispute Resolution Committee will work with the CMO and medical team to provide relevant information regarding COVID-19 -related procedures or questions.
- All official communications regarding Nationals related to COVID-19 will come from the ACA (tadelberg@americancanoe.org).